

New to the IRC!

Take a look at some of the items recently added to the Information & Resource Center collection.

VIDEOS

Abused Boys, Wounded Men

(2001, 2 tapes; 141 min., facilitator's guide and workbook, Audience: Adult)

While society has enormous sympathy for abused children, the judgment for those children is less benevolent should they become adult offenders. Earnie Larsen interviews adult inmates to examine the role that childhood abuse played in their lives. Designed for use in community corrections and institutional settings, this six-week curriculum will help adult offenders identify instances of early abuse, recognize how it has impacted their lives, and learn how to live a productive life in spite of it.

Fatal Mistakes: Families Shattered By Suicide

(1998, 45 min., Audience: Adult, Prof.)

This film chronicles the recovery of several families in the aftermath of suicide. The film introduces you to brothers and sisters, daughters and sons, mothers and fathers who struggle daily with the loss, stigma, blame, and shame that inevitably accompany such a tragic death. These "survivors" share their common experience with the hope that they will comfort others experiencing similar grief and prevent others from experiencing the pain of losing a loved one to suicide. Recommended audiences: survivor support groups, mental health professionals, guidance counselors, clergy, social workers, hospice workers and employee assistance professionals.

Hooked: Illegal Drugs and How They Got That Way: (Volume 1) Marijuana, Opium, Morphine, and Heroin ; (Volume 2) Cocaine, LSD, Ecstasy and the Raves: *(1996, 100 min., Audience: Grades 9-12, Adult)*

Hooked explores the world of illegal drugs, meeting with pharmacologists and scientists to learn exactly what effect they have on us

Hooked...(cont.)

and exploring the social and legislative changes that have transformed (and, some argue, created) the drug culture of the 20th century. Outspoken advocates on both sides of the "war on drugs" illuminate this polarizing issue, and fascinating accounts and artifacts illustrate the role of drugs throughout history.

School Zones: They Call Him Mr. T. *(2002, 60 min., Audience: Grades 9-12, Adult)*

This video is one of a four-part documentary project, which takes the viewer into four Maine schools as a featured teacher or administrator offers a window into his or her life and the life of their school. This segment features Mattanawcook Junior High School in Lincoln and principal David Theoharides.

Smoke Screeners: An Educational Program to Help Young People Decode Smoking in the Movies:

(2002, 15 min., Audience: Grades 6-10)

Using an MTV-style format, the teen hosts of Smoke Screeners provide a behind-the-scenes look at the entertainment industry's use of smoking on-screen. Geared towards young adults in middle and early high school, the video shows clips from many historical and current movies to illustrate how, "cigarettes and cigars are movie-making tools." The video explains how writers, actors, and directors use tobacco products to make characters look nervous, relaxed, weak, strong, and even glamorous.

BOOKS

Adventure Education for the Classroom Community: Over 90 Activities for Developing Character, Responsibility, and the Courage to Achieve

(2000; 355 p.)

This character education curriculum may be used as a stand-alone curriculum or integrated into your current character education curriculum(s). It contains more than 90 playful lessons that traditional classroom teachers can use to motivate students. This step-by-step book provides K-12 teachers with simple but potent experiential educational tools that can teach students to get to know, trust, and respect one another and you, build lasting relationships and form a community, and learn to master communication skills. (EDU F828ae)

The Best I Can Be: Living With Fetal Alcohol Syndrome/Effects

(2000; 84 p.)

Written by two people directly impacted by Fetal Alcohol Syndrome & Effects (FASE) - Liz Kulp, a fetal alcohol exposed teenager and Jodee Kulp, her adoptive Mom. Liz provides the reader with a first-person account of what it is like to live with FASE and Jodee provides factual information about FASE and describes the challenges of parenting a child with special needs. (CHE K96bc)

The First Sessions With Substance Abusers: A Step-By-Step Guide

(2000; 274 p.)

It is during the critical first session with substance abusers that clinicians have the first, and all too often the last, opportunity to break through the wall of denial and create an atmosphere of trust that is so crucial to changing behavior. This book outlines a plan for conducting an initial session that can uncover substance abuse problems with clients no matter how resistant or manipulative they may be. (CHE C971fs)

Power Struggles: Successful Techniques for Educators

(1997; 68 p.)

Timely suggestions and proven, practical strategies for preventing power struggles between educators and students. Discover methods for quickly resolving conflicts that do occur with both sides winning! (EDU M538)

Reading in Dual Diagnosis

(1998; 452 p.)

The articles reprinted here were recommended by a national panel of experts in the dual-diagnosis field. The readings represent overviews, seminal contributions, and recent updates from the literature, grouped into six sections: overview, etiology, assessment, clinical issues, treatment, and special issues. (PSY D762dd)

Treating Huckleberry Finn: A New Narrative Approach to Working with Kids Diagnosed ADD/ADHD

(2000; 234 p.)

Treating Huckleberry Finn offers a drug-free alternative to treating rambunctious children. Author David Nylund's SMART approach is a five-step strategy to understanding, nourishing, and learning to control the millions of youngsters who have been given the diagnosis of attention deficit disorder and attention deficit hyperactivity disorder. (PSY N995th)

When Death Impacts Your School: A Guide for School Administrators

(2000; 56 p.)

This book serves as a resource for school personnel who are faced with a death or tragedy in their school community. This guidebook includes suggestions for how schools can help students by addressing concerns, organizing memorials and offering support. It also includes instructions for developing a school intervention plan after a death, how to address issues related to suicide and violence and how to decide when outside help is needed. (SUI W567di)